



The kids collection



Introducing the kids collection

Whether you are an experienced practitioner or new to essential oils, the doTERRA Kids Collection is the complete and ready-made “whole body” essential oil toolbox designed to empower caregivers to confidently care for the health and wellness of little ones.

Formulated specifically for developing minds, bodies, and emotions, these essential oil blends feature unique oil combinations to provide powerful benefits while being gentle on delicate skin.

- Contains: Six unique 10mL roll-ons
 - Thinker™
 - Calmer™
 - Stronger™
 - Rescuer™
 - Steady™
 - Brave™
- Seven silicone toppers with carabiners
- Instructional flashcards



dōTERRA[®]
kids
COLLECTION
Flashcards





Stronger

Protective Blend

Stronger Protective Blend evokes feelings of wellness and vitality when needed most. Featuring Cedarwood, Litsea, Frankincense, and Rose in a gentle and convenient format combined with Fractionated Coconut Oil, this uniquely supportive blend is perfect for sensitive skin and provides a sense of resiliency when needed most. Litsea, one of the main ingredients in Stronger, helps to keep skin healthy looking and clean while promoting positive feelings. The bright and uplifting aroma of Stronger is refreshing to the senses and works as the perfect blend for daily resiliency or when you are not feeling your best. With the powerful rejuvenating benefits of wood and floral oils, Stronger works as the perfect every day skin health essential oil blend.

Uses

- Roll onto hands, knees, and feet after a long day of activity.
- Soothing to occasional skin irritations, Stronger is a great blend to have on hand during extensive activities.
- Use Stronger to help soothe and comfort distressed skin and to promote a healthy appearance.



Brave

Courage Blend

Begin each day with confidence and belief by pairing Brave Courage Blend with your positive affirmation practice. Allow yourself to reset when experiencing feelings of doubt by rolling Brave onto the back of your neck and pulse points. Wild Orange, Amyris, Osmanthus, and Cinnamon Bark combined in a gentle, quick application method, mixed expertly with Fractionated Coconut Oil, Brave is an essential emotional boost to your day. With a bright and warm aroma, Brave is the perfect blend to invigorate and empower you when you're feeling unmotivated. Featuring the unique essential oil from Amyris Wood, Brave helps promote a calm environment. Before tackling life's big (or small) moments, roll Brave onto the bottoms of your feet and the backs of your hands to instill thoughts of courage and positivity, with the reassurance that you can accomplish anything

Uses

- Comfortably use Brave Courage Blend throughout the day to encourage tranquility and reduce feelings of occasional tension.
- Use Brave before new or different situations to promote feelings of courage and confidence.



When it's bedtime, roll Calm onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath to let your mind relax.

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Thinker

Focus Blend

Ideal for everyone and for daily use, Thinker Focus Blend is the optimal support to use when distractions are high. Designed to create a sense of alertness and clarity, Thinker is the perfect go-to when it's time to pay attention and concentrate. Featuring Vetiver, Peppermint, Clementine, and Rosemary perfectly combined with Fractionated Coconut Oil for sensitive skin, Thinker is a natural way to feel more focused. Roll Thinker onto your temples, wrists, and the back of your neck to help bring a sense of clarity to the situation at hand. Embracing the uplifting benefits of Clementine, Thinker can help with mental energy while promoting a stronger sense of concentration. Herbal and slightly sweet, the unique aroma helps instill feelings of clarity during times of confusion. To create a supportive and positive environment for enhanced creativity and focus, incorporate Thinker into your daily learning practice.

Uses

- Keep Thinker on hand in your purse or child's backpack and apply in the afternoon to remain on task.
- Roll onto wrists or hands and inhale deeply to promote a sense of clarity and alertness.
- Uplifting to the mood, use Thinker when experiencing feelings of sadness.
- Promote learning and support creativity by applying Thinker throughout study time.



Steady

Grounding Blend

Perfect for daily use or as needed, Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that can provide a calming environment. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended with Fractionated Coconut Oil to deliver a calming effect perfect for all skin types. When feeling overwhelmed, roll Steady onto the back of your neck or wrists and take a deep breath, allowing your mood to find balance. Soothing to the skin and reassuring to the emotions, Steady is a great every day blend.

Uses

- Calming to the skin and emotions, Steady can be used to quiet the mind and soothe the body.
- Use Steady to help instill tranquility.
- Apply to the back of the neck or bottoms of the feet after an event-filled day to steady the emotions.



- Stronger™
Protective Blend 10 mL ROLL ON
- Brave™
Courage Blend 10 mL ROLL ON
- Thinker™
Focus Blend 10 mL ROLL ON
- Steady™
Grounding Blend 10 mL ROLL ON
- Rescuer™
Soothing Blend 10 mL ROLL ON
- Calmer™
Restful Blend 10 mL ROLL ON



Calmer

Restful Blend

Calmer Restful Blend promotes a serene atmosphere, allowing bedtime to be a peaceful and welcomed experience. Rolling Calmer onto the bottoms of feet and the back of the neck helps create a relaxing environment. Combining the soothing properties of Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a convenient and safe delivery method along with the skin moisturising benefits of Fractionated Coconut Oil, Calmer can be used as part of your nightly ritual. Cananga and Buddha Wood essential oils, unique to Calmer, promote feelings of relaxation. When it's time to restore your mind and body, apply Calmer to your wrists and breathe.

Uses

- Roll on to the back of the neck and chest to promote a restful and calm sleep.
- Apply Calmer to your child's wrists at the end of the day to help diminish worry and to quiet restlessness.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep.



Rescuer

Soothing Blend

After a busy day of activity, apply Rescuer Soothing Blend for a relaxing sensation and to reduce feelings of tension for growing, tired legs. Copaiba, Lavender, Spearmint, and Zanthoxylum are expertly combined with Fractionated Coconut Oil to soothe and promote resilience while being gentle enough for sensitive skin. Roll Rescuer onto your legs, hands, or shoulders after exercising or a long day of physical activity to provide feelings of comfort and relief. Zanthoxylum, an essential oil unique to this doTERRA blend, is known for its calming and soothing benefits. Rescuer has a fresh, yet calming aroma that provides soothing support while comforting the emotions.

Uses

- Roll Rescuer onto tired legs before bedtime or after strenuous activity.
- Apply to temples and back of the neck to reduce feelings of tension.
- Massage into shoulders, neck, and back for a comforting and soothing experience.

